

	U6	U8	U10	U12	U14
Common Vocab	Attack, Defend, Dribble,	In addition to prior age words: First touch, settle, man on, movement, space,	In addition to prior age words: Pressure, square, drop, offside, step, square,	In addition to prior age words: Cover, Speed of play, overlap, jockey, side-on, 45, 18, 1-2, Delay, I'm In, force in, force out, poke, shield, Delay	In addition to prior age words: Balance, overload, 3rd man run, shape, switch, swing, lay off, drop 45, flick on, I go, You're in,
Skills	-Basic dribbling skills inside/outside of the foot. Change direction using basic moves. -Footwork foundation -Basic passing	-Settle first touch and begin to change body shape to take ball in desired direction -Step to the ball -50% of passes on target	-First touch should fall within 2 feet of you in the desired direction (meaning body positioning and pass on target need to be addressed) -Defending body shape is correct -60% of passes are accurate and on target	-First touch should fall within 1.5 feet of you in desired direction -Off ball movement needs to be recognized based off first touch	-ability to make long crosses, strong accurate passes. Advanced moves are important but first touch and ability to pass and move is paramount.
Knowledge	-Object of the game -Switch direction at half time -corner kicks, goal kicks and fall out line	-Know positions on the field -NO POSITION SPECIALIZATION, move kids around	-How to defend and execute set pieces. Corners, goal kicks and free kicks. -Offsides and referee signals. -Basing off ball movement from first touch-starting to use Visual Cues	-	-There are different systems of play, each with pros and cons -Defensive concepts-1 goal: MAKE PLAY PREDICTABLE. --Speed of play is addressed -Offensive concept-understand the goal is to be unpredictable on the attack