



# WOLVERINE TALK



Attacking		Defending	
<b>Drop</b>	Pass backwards	<b>Step</b>	go to the ball carrier, become pressure
<b>Line</b>	Pass the ball up the sideline	<b>Delay</b>	Slow down the ball carrier until your teammates recover on defense
<b>1-2</b>	Give and go pass	<b>Support</b>	Usually tells a teammate you are there and helps them defend to your direction
<b>Square</b>	Pass sideways	<b>Pressure</b>	tells someone to step to the ball and defend one direction
<b>Switch</b>	Pass the ball to the other side of the field-usually the weak side	<b>You're In</b>	tells someone to step to the ball and defend one direction
<b>Swing</b>	Pass the ball along the defending line to get it to the other side of the field	<b>I'm In</b>	Tells teammates you are going to become pressure. A word of accountability in our program.
<b>Cross</b>	sending a ball into the middle in front of the goal	<b>Push in</b>	tells teammates to move to the middle of field
<b>Drop 45</b>	Pass backwards at an angle	<b>Push out</b>	tells teammates to move to the outside of field
<b>18</b>	Pass the ball (usually backwards) to the 18 yard box	<b>Force in</b>	Tells pressure to prevent passes outside
<b>Lay off</b>	small pass off to the side to set up a shot	<b>Force out</b>	Tells pressure to prevent passes inside
<b>Leave</b>	leave the ball and move off of it	<b>Away</b>	Clear the ball away from the goal
<b>Man on</b>	Someone is pressuring you	<b>Poke</b>	Get a touch on the ball to knock it off

			course-reminds player to avoid big swing
<b>Overlap</b>	Tells a teammate you are going to run from behind to in front of them	<b>Shield</b>	Put yourself between the ball and the defender to let it roll out of bounds
<b>Flick on</b>	Give a small touch or header to help the ball along	<b>Discipline</b>	Indicates to player they are not being patient and stabbing at the attacking player
<b>I Go</b>	Tells a teammate you are going to take the ball	<b>Cover</b>	The defender in position to pick the pass. Base position off of "pressure" defender
<b>Time</b>	Continue to take space as you don't have a defender on you	<b>Balance</b>	The third defender who is offering a position of balance to be in position in case of a switch of the point of attack, or a third man run
		<b>Slide</b>	Entire back line, and midfield slide to the playside. Term also alerts backside defender to be aware of positioning, depth, and that backside defender has to watch for delayed runs